

The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942
www.st-lukes-la-mesa.org

August 2010
Volume 10 Issue 8
Monthly Newsletter

August - A Divine Month?

We invite you to join St. Luke's Lutheran Church

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor:

619-463-6633 or office-sllc@att.net

Office hours are:

Monday - Friday, 8:00 a.m. - 5:00 p.m.

The month August is named after Augustus Caesar (66 BC - 19 AD), the Roman Emperor. Known as Sextilis (sixth month) at the time, the name was changed to August because many of the events that brought Augustus to power occurred during that month.

In 46 BC, when Julius Caesar (100 - 44 BC) reformed the calendar of his day, the Roman world received a system of solar years and fairly evenly defined months. Unfortunately, because the Julian calendar was not quite accurate, Easter slowly shifted away from the March equinox. So, the Julian Calendar was replaced in 1582 by Pope Gregory XIII. Today, most of the world uses the Gregorian Calendar, but that is another story.

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Email Us Your Email Address

***Please note our new email address!**

St. Luke's hopes to increase its methods of communication. Email is a fast and cost effective way to communicate. Please send the church office your email address (office-sllc@att.net) and please indicate how often you check your email. We will not distribute your address beyond the church office and any blanket emails to the congregation will not list individual addresses.

Before Julius originally reorganized the calendar, the insertion of various names of gods had shifted the months' numbering. Thus, the seventh month was still named Quintilis (fifth), and the eighth month was still called Sextilis (Sixth). The sequence thereafter followed suite, with the ninth month remaining September (seventh), the tenth being October (eighth), the eleventh being November (ninth), and the twelfth still December (tenth). We are grateful for such clarity in the calendar. No wonder it is hard for the church council to find a date to meet.

Later, the romans renamed the month Quintilis to July to honour the month in which Julius Caesar was born, and as indicated above, Sextilis was renamed for Augustus Caesar. Important for this discussion, is the fact that not only were the caesars emperors, but they were also considered to be divine. So, being a Christian meant running into conflict not only with the religions of the empire but also with the religion of the emperor. To worship Christ as the only true God meant not worshipping the caesar. That could have fatal consequences.

Most "modern" people use the word August without endowing either the term or the month with any divine significance.

Continued from page 1

It just another month, perhaps only slightly more significant than other months because people tend to take some vacation then. Besides, ignoring history seems to be a much easier way of removing outmoded deities than destroying all remnants of them, such as the Taliban tried to do by destroying ancient Buddhist statues in 2001 in Afghanistan.

So, how do we juggle the First Commandment (*You shall have no other gods*) with human history and practical reality? How do we know when we are idolizing something, someone, some idea, some possession to the point of idolatry? In our human sin, do we not wittingly or unwittingly invent all manner of false gods, sometimes with the best of intentions? If we do that on a small, individual scale, how do we do the same collectively? If we become aware of this, how would we collectively rectify the matter? As one small practical example, what would we call August if we were to change the name, and who would decide the matter? (Obviously, it is a matter for the nominating committee.)

Sinful humanity will by our sinful human nature invent a wonderfully diverse array of false gods. As part of that same humanity, we can do nothing to resolve the situation without destroying all of humanity and ourselves in the process. In contrast, however, in order to remove us from our sin and our false gods, the one true God allowed us to destroy his son. As the word *augustus* in Latin connotes, crucifying Jesus was considered by us sinners to be a “consecrated” and “venerable” action. As was claimed at the time, killing Jesus would purify and unite the people. That, fortunately, did not happen. Instead, God raised Jesus from the dead, and the people were both united in and divided by their sin against God. True justification by and unity with God comes only through faith in the crucified and resurrected Christ.

In his interpretation of the third article of the Creed, Luther writes, “I believe that by my own reason or strength I cannot believe in Jesus Christ, my Lord, or come to him.

But the Holy Spirit has called me through the Gospel, enlightened me with his gifts, and sanctified and preserved me in true faith, just as he calls, gathers, enlightens, and sanctifies the whole Christian church on earth and preserves it in union with Jesus Christ in the one true faith.”

We can no more remove false gods from ourselves than we can remove them from the calendar. That is left to the one true God, and only that God can lead us from sin and destruction, to life in the one truth faith in Jesus Christ. As a congregation, we are called to receive and to share this live giving gospel as God’s power of salvation for all who believe. As we prepare during August for our Autumn activities, let us do so serving none other than Jesus Christ our Lord and Saviour.

PARISH EDUCATION

St. Luke’s Vacation Bible School 2010

Was a huge success thanks to many dedicated parishioners and other volunteers from the community.

“Joseph... from prison to palace” was the theme, and featured an imaginary trip to Egypt attended by 50 children ages 2 to 14 during the week of July 19-23.

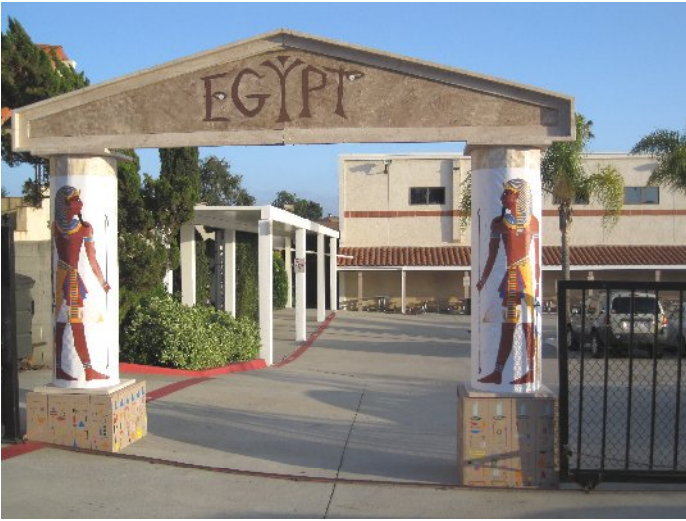
A setting that was enhanced by a desert scene with pyramids, camels, Egyptian columns, and even a mummy, gave a sense of reality and added a feeling of joviality to the occasion.

Set construction was built by George Hauk from a design by Joe Makowski, along with creative artwork by Cindy Rigopoulos. Gary Scott built a five foot Sarcophagus.

Featured performers were Billy Miles, who presented part of the story of Joseph’s life to an appreciative audience; and Emily Rose Menacher, who was part of the drama as Ramses the Guard. Cory Swanson played the part of Pharaoh.

Project coordinators were Pat and Lyle Swanson.

Looking forward to finding out where VBS will take us next year....



OUR ONGOING OUTREACH

NEWS FROM TACO

OOOOOPS!

Belated thanks to all who served TACO's dinner downtown last May: Marie Handley, Cathie Floegel and her daughter, Stephanie Seppanen and grandson, William, Randy Engel and Pam Clark.

Lutheran Retreats, Camps and Conferences are involved with serving during summer months. For four weeks this summer, kids from Beach Camp served the meals.....groups of more than 20 high schoolers. So far this year TACO has served 12,656 meals to 8,174 people. St. Luke's will again be serving on Monday, August 30.

TACO'S "SUNSET BY THE SEA" FALL FUNDRAISER

Is scheduled for Saturday, October 2. This, of course, includes a live and silent auction, entertainment, and wonderful food. "Sunset by the Sea" enables First Lutheran to continue to serve the homeless, elderly and working poor primarily in downtown San Diego. Offerings include free meals, free medical, dental and acupuncture clinics, a free legal project, a program for those who are homeless and terminally ill, as well as free mental health counseling. Thirty-five congregations like St. Luke's help to continue this mission. Mark your calendars now!! Ticket information will be available soon.

TACO's "Christmas in July" efforts to fund tarps and tents for the homeless are ongoing. Suggested donations: \$25.

THE MONTH OF AUGUST: ITEMS FOR BAGGED LUNCHES

During July your Outreach Committee collected non-perishable, no refrigeration items for sack lunches, such as water bottles, fruit cups and spoons, small cans of tuna, crackers, packages of cookies, granola or energy bars, etc.

We plan to continue this appeal through August. Please place your contribution in the Red Flyer wagon in the narthex.

LUTHERAN BORDERCONCERNS MINISTRY

The search for a replacement for Manny Cruz, who is soon retiring, continues. The LBCM Board's aim is to have someone in place by September 1. St. Luke's facilities have been offered as a possible location for Manny's official retirement party. No date has been set.

PARISH POTPOURRI

MORE ST. LUKE'S GRADUATES

BRANDON FOWLER – Graduated his post doctoral residency in Orthodontics at USC. He earned a Masters in Cranial Facial Biology and he is working in North County at this time. His family attended.

BLAKE FOWLER – Graduated from Loma Linda Medical School of Medicine with a M.D. degree. His Anesthesiology residency will be one year in Tucson then three to four years at UCSD. The family attended including grandpa, Bruce Fowler.

MAUREEN and CAL BORCHARDT recently visited friends in Stanford and Copperopolis; then went on to Oakland to spend some time with their son, JON, his wife, DAWN, and daughters, GWEN and LILI. That family had just returned from a wonderful trip to Europe. The BORCHARDTS last stop was in Santa Rosa where they visited CAL's niece.....TORI HAUK has just returned from an incredible trip to China, where she, along with 15 other musicians from the University of Arizona, Tucson, gave three performances in Shanghai. The occasion was the Shanghai World Expo, and the entire trip, including food and lodging, was funded by the Chinese government, supporting the Expo. This performing group was made up of 12 harpists and 4 flutists (one harpist and one flutist were professors at their school). After the performances, the group became "tourists," and were able to go to Xian, Beijing, the Great Wall, Tienanmen Square, and saw the Terra-Cotta soldiers.

When you see TORI, she can fill you in on other places in their itinerary.....A few puns: A hangover is the wrath of grapes. A man's home is his castle, in a manor of speaking. Those who jump off a bridge in Paris are in Seine. You feel stuck with your debt if you can't budge it. A boiled egg in the morning is hard to beat. With her marriage, she got a new name and a dress. Once you've seen a shopping center, you've seen a mall!

HEIFER INTERNATIONAL

HEIFER INTERNATIONAL ANIMAL WELFARE GUIDELINES

.....continuing this series:

SHIPPING ANIMALS

1. Vehicles should be checked prior to shipping for safety and adequacy.
2. Prior to transporting, animals should be adequately fed and watered.
3. Choose loading and shipping equipment that produces a minimum of stress and reduces conditions that allow fighting.
4. Take care in handling, loading and unloading animals. Avoid beating and other forms of abuse.
5. Adequate space should be provided during transport to allow animals to stand freely. Tethering should allow animals to stand in a normal posture. Tail tying should be avoided.
6. Animals of different size and age should be segregated. Sexually mature animals may need separate areas in a vehicle.
7. Sheep should be handled with care. They should not be pulled or held up by their wool.
8. Poultry should be transported in cages of adequate size. Poultry should not be transported with legs tied and hanging over rails or from bicycles.
9. Adequate protection should be provided from adverse environmental conditions.
10. Time in transit should be considered. During long hauls, there should be a provision for off-loading, rest, water and feed.

11. If animals are walked from the purchase source to the project village or to a market for sale, the time in walking and above-mentioned factors of feed and water should be considered.
12. Time of day for shipment should be considered to reduce extremes of heat, rain, sunlight and cold.

ELEVEN YEARS OF PASSING ON THE GIFT

A milk-drinking competition highlighted a recent Passing on the Gift ceremony in a village in the southwestern highlands of Tanzania. All around were the everyday reminders of the positive effects of the Heifer International project: improved houses, healthy kids in school uniforms, men hauling milk to the nearby factory and women carrying organic vegetables to the market.

This project began in 1999, supplying 30 cows to three small groups. Today the project has donated 515 dairy cows to 229 beneficiaries in 16 groups. Participants have been able to get enough milk to drink and to sell the surplus. They have also been able to install solar power, pay school fees for their children and purchase vehicles for transporting their farm products. Project participants also trained in record keeping, entrepreneurship and organic farming. All are thanking Heifer because the project has brought peace, solidarity and love.

WOMEN OF ST. LUKE'S

JOINT BIBLE STUDY

Wednesday, July 14th found the joint Circles of Rebekkah and Deborah enjoying a potluck salad luncheon and a Bible Study led by Pastor Mark Menacher. The Board had asked Pastor Mark to lead us in a discussion of the ladies for whom we are named. Deborah and Rebekkah were interesting women, who despite their flagrant flaws, were used by God as part of his plan for his people. Pastor Mark illuminated many passages of the Bible that made mention of these women. Thank you, Pastor for your time and effort.

BABY SHOWER

August 19th at 11:00 a.m. will find the Women of St. Luke's joining once again in a united effort to support Lutheran World Relief Layettes and the Pregnancy Care Center in El Cajon.

We will meet in the Lower Level for a potluck luncheon and Baby Shower. The Project Day ladies take the lead in this event and always spend a lot of time and effort to make it fun and enjoyable. Please continue to look for :

Onsies	Undershirts
Gowns	One Piece Sleepers
Diaper Pins	Receiving Blankets
Sweaters	Large Diaper Bags
4-8 oz. Bottles	Monetary Gifts are also accepted.

There will be a workshop after the shower to assemble the layettes and other kits for Lutheran World Relief.

BOARD OPENINGS

Nominations will be taken at the Baby Shower for places on the Board of the Women of St. Luke's for the term 2011-2013. If you would like to serve, please see Margi Buller or place your name in nomination on the forms provided at the shower.

PROJECT DAY LADIES

The Project Day Ladies have completed 25 quilts to date . They are also working on several prayer quilts for our shut-ins. There are many opportunities to help even if you cannot come to the workshops. See Shirley Carrington or Betty Wiedmer for details.

SCHOOL KITS

We begin to collect items for school kits in August. Check the Lutheran World Relief website or the list in the Lower Level for items needed. Look for sales on notebook paper, pencils, erasers, rulers (with metric) as you do your shopping this month.

ORGANIZATIONS SUPPORTED

Organizations supported in July by the Women of St. Luke's were USO Phone Cards, San Diego

Rescue Mission, Lutheran Bible Translators, and Mission Aviation Fellowship. WSL also supports the Ault Family on a regular basis as they work with Mission Aviation Fellowship in Brazil. Your offerings are being put to good use.

WOMEN OF ST. LUKE'S CONSTITUTION

The Constitution of our organization is being revised and amended by a committee led by Dawn Dolan. Committee members are Shirley Carrington and Darcy Barghols. The committee plans to have a completed document by fall. Thanks to those who were willing to serve.

LIBRARY

The Women of St. Luke's encourage you and your family to take advantage of our wonderful church library. You will find many contemporary and exciting titles, and it is so easy to check out a book. Please have a cup of coffee and then wander by the library next Sunday. Our friendly librarians don't tell you to shhhhh. They just help you find a book to enjoy.

TREASURER NOTES

St. Luke's Financial statement is located in the Library for inspection by anyone wishing to view it.

Terry East
Treasurer



**Happy Birthday
to you....**

Alice Boe

Patrick Carrigan

Marie Handley

Marge Hersom

Steve Johnson

Karen Parcels

Lorraine Winger



DID YOU KNOW!

Our monthly newsletter is printed free because of generous people / companies that advertise. It is true, and we need to let these generous people know that we appreciate them. If you are looking for a great auto center...

PLEASE CALL and THANK. ...

Drew Auto Center

**8970 La Mesa Blvd.
La Mesa CA
619-464-7777**

*Make sure you tell them you
heard about them from our
newsletter*

AUGUST WORSHIP TEXT

1st Tenth Sunday after Pentecost

First Lesson—Ecclesiastes 1: 2, 12-14,
2:18-23

Second Lesson—Colossians 3 1-11

Gospel—Luke 12: 13-21

8th Eleventh Sunday after Pentecost

First Lesson— Genesis 15: 1-6

Second Lesson— Hebrews 11: 1-3, 8-16

Gospel— Luke 12: 32-40

15th Twelfth Sunday after Pentecost

First Lesson—Jeremiah 23: 23-29

Second Lesson—Hebrews 11: 29—12:2

Gospel—Luke 12: 49-56

22th Thirteenth Sunday after Pentecost

First Lesson—Isaiah 58: 9b-14

Second Lesson—Hebrews 12:18-29

Gospel—Luke 13: 10-17

29th Fourteenth Sunday after Pentecost

First Lesson—Proverbs 25: 6-7

Second Lesson—Hebrews 13: 1-8, 15-16

Gospel—Luke 14: 1, 7-14

MEMORIAL GIFTS

Donna Bohnsack Memorial

Glen Bohnsack

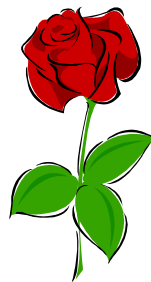
PARISH BUILDER ARTICLES

September 2010,
Due in the office by
August 16th

Thank you, Judy

AUGUST PRAYER CALENDAR

Pray for St. Luke's



Joe and Thelma Pace

Celebrated their 54th
wedding anniversary
on
July 18th.

		PRAYER
1	Psalm 105: 1-4	<i>Give thanks</i>
2	Philippians 2: 1-2	<i>To be one in spirit and purpose</i>
3	I Thessalonians 5: 23, 24	<i>To be kept blameless</i>
4	Colossians 4: 12	<i>To stand firm</i>
5	Hebrews 4: 14-16	<i>To hold firmly to the faith</i>
6	Titus 3: 1, 2	<i>To do whatever is good</i>
7	Revelation 5: 11-4	<i>Praise the Lord!</i>
8	Titus 2: 11-14	<i>To live godly lives</i>
9	Psalm 95: 6, 7	<i>Praise God for His care!</i>
10	Psalm 133: 1-3	<i>To live in unity</i>
11	Mark 13: 32-37	<i>To be watchful</i>
12	I Thessalonians 4: 1, 2	<i>To please God</i>
13	Colossians 3: 12-14	<i>To bear with each other</i>
14	Psalm 89: 5-8	<i>Praise God for His faithfulness</i>
15	Psalm 119: 15,16	<i>To not neglect His Word</i>
16	Romans 12: 1, 2	<i>To be transformed</i>
17	Galatians 6: 9, 10	<i>To do good to all</i>
18	Ephesians 2: 4-7	<i>Praise God for His Love!</i>
19	Colossians 4: 2-4	<i>To be devoted to prayer</i>
20	James 1: 2-4	<i>To be mature</i>
21	Ephesians 5: 19-20	<i>To always give thanks</i>
22	James 1: 22-25	<i>To be doers of the word</i>
23	2 Peter 3: 17-18	<i>To grow in grace</i>
24	Psalm 19: 12, 13	<i>To be kept from sin</i>
25	Ephesians 5: 8-14	<i>To live as children of light</i>
26	Galatians 6: 14-16	<i>To boast only in the cross</i>
27	Ephesians 1: 13, 14	<i>Praise God for His Spirit!</i>
28	Matthew 22: 37-40	<i>To love God and neighbor</i>
29	Hebrews 13: 20-22	<i>To be equipped</i>
30	I Corinthians 1: 8, 9	<i>To be kept strong</i>
31	Psalm 66: 1-6	<i>Praise God for His works!</i>

Thank you!

Thank you, friends and St. Luke's family for your very kind expressions of sympathy at the passing of my sister, Mary, recently.

Thanks, also for your prayers and concerns during her illnesses.

God is good all the time!

Hazel Knippelmeyer

Thank you!

Many thanks to St. Luke's for all the prayers and cards on my behalf.

And a special thank you to the Women of st. Luke's for the CD, Cassette Player! I'll be able to hear audio books and listen to music!

Maggie Simmons

AUGUST WORSHIP TEAMS

	August Reader August Altar Guild Sound Technician	<i>Billy Miles Jo Ann Hendrickson Ben Wilson</i>
1st	Communion Assistant — Bread	<i>Judi Dunnigan</i>
	Prayers of the People	<i>Pastor Mark</i>
	Projectionist	<i>Shirley Carrington</i>
	Communion Assistants — Wine	<i>Gene and Hazel Knippelmeyer</i>
	Greeters	<i>Loraine Wininger, Bonnie Fuller</i>
	Usher Team	<i>George Hauk</i>
8th	Communion Assistant— Bread	<i>Pat Swanson/Lyle Swanson</i>
	Prayers of the People	<i>Bonnie Fuller</i>
	Projectionist	<i>Hazel Knippelmeyer</i>
	Communion Assistants — Wine	<i>Cathie Floegel, Joe Makowski</i>
	Greeters	<i>Bob Becker, Chuck Volker</i>
	Usher Team	<i>Shirley Carrington</i>
15th	Communion Assistant— Bread	<i>Shirley Carrington</i>
	Prayers of the People	<i>Martha Applegate</i>
	Projectionist	<i>Marie Handley</i>
	Communion Assistant — Wine	<i>Marilyn Burns, Loraine Wininger</i>
	Greeters	<i>Bob & Marilyn Burns</i>
	Usher Team	<i>Chuck Hersom</i>
22th	Communion Assistant— Bread	<i>Judi Dunnigan</i>
	Prayers of the People	<i>Liz Dunnigan</i>
	Projectionist	<i>Gail Knippelmeyer</i>
	Communion Assistant — Wine	<i>Bob & Bonnie Fuller</i>
	Greeters	<i>Darcy Barghols, Jim & Dawn Dolan, Gene & Hazel Knippelmeyer</i>
	Usher Team	<i>Randy Engel</i>
29th	Communion Assistant— Bread	<i>Pat Swanson/Lyle Swanson</i>
	Prayers of the People	<i>Bev Holland</i>
	Projectionist	<i>Roger Caldwell</i>
	Communion Assistant — Wine	<i>Liz Dunnigan, Darcy Barghols</i>
	Greeters	<i>Marie Handley, Marge Henkel, Ellis Peterson</i>
	Usher Team	<i>George Hauk</i>

August 2010

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	9:00 a.m. <i>Worship Service</i> 10:30 a.m. <i>Friendship</i> Sunday B-B-Q	2 9:00 a.m. <i>Counters</i> 5:30 p.m. <i>Finance</i> 6:00 p.m. <i>Executive</i>	3 9:00 a.m. <i>Facilities Mtg.</i> 8:00 a.m. <i>Tai Chi</i> Noon <i>WSL</i> 6:00 p.m. <i>Worship Arts</i> 6:30 a.m. <i>Special O</i> 7:00 p.m. <i>Parish Ed</i>	4	5 8:00 a.m. <i>Tai Chi</i> 10:00 a.m. <i>Outreach</i>	6	7 7:00 a.m. <i>Men's Bible Study</i> 9-10 a.m. <i>Altar Guild</i>
8	9:00 a.m. <i>Worship Service</i>	9 9:00 a.m. <i>Counters</i>	10 8:00 a.m. <i>Tai Chi</i> 9:00 a.m. <i>Facilities</i> 9:30 a.m. <i>Project Day</i> 6:30 a.m. <i>Special O</i>	11	12 8:00 a.m. <i>Tai Chi</i>	13	14 7:00 a.m. <i>Men's Bible Study</i> 9-10 a.m. <i>Altar Guild</i>
15	9:00 a.m. <i>Worship Service</i>	16 9:00 a.m. <i>Counters</i> 5:00 p.m. <i>Deadline for</i> <i>Parish Builder</i>	17 8:00 a.m. <i>Tai Chi</i> 9:00 a.m. <i>Facilities</i> 6:30 a.m. <i>Special O</i>	18	19 8:00 a.m. <i>Tai Chi</i> 11:00 a.m. <i>Baby</i> <i>Shower & potluck</i>	20	21 7:00 a.m. <i>Men's Bible Study</i> 9-10 a.m. <i>Altar Guild</i>
22	9:00 a.m. <i>Worship Service</i>	23 9:00 a.m. <i>Counters</i>	24 8:00 a.m. <i>Tai Chi</i> 9:00 a.m. <i>Facilities</i> 9:30 a.m. <i>Project Day</i> 6:30 a.m. <i>Special O</i>	25	26 8:00 a.m. <i>Tai Chi</i>	27	28 7:00 a.m. <i>Men's Bible Study</i> 9-10 a.m. <i>Altar Guild</i>
29	9:00 a.m. <i>Worship Service</i>	30 9:00 a.m. <i>Counters</i>	31 8:00 a.m. <i>Tai Chi</i> 9:00 a.m. <i>Facilities</i> 6:30 a.m. <i>Special O</i>				

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NON-PROFIT
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Dated Material
July 2010

ADDRESS SERVICE REQUESTED

A WARM WELCOME TO ALL

WORSHIP: Sundays—9:00 a.m.
Sunday school will resume in the fall.
Join us for St. Luke's Annual Picnic, September 19 on our campus.

St. Luke's Mission Statement:

We are called as a community of Christians saved by grace
—through faith alone in Jesus Christ—
to spread the Holy Gospel in word, sacrament, and action
solī deo gloria.